

Cultus Lake Triathlon
Saturday, May 13, 2007

ChampionChip® Timing and Results by Race Headquarters - www.raceheadquarters.com - 604-939-6018

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Cultus Lake Triathlon - Sprint Distance
Female Age Group: 16 - 19
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Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	6	13	F1619 Allegra Rogers	Westbank, BC	1:17:48	0:08:46	0:44:22	0:22:30
2	13	14	F1619 Stephanie Shea	Vancouver, BC	1:33:25	0:12:43	0:52:22	0:23:50

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Cultus Lake Triathlon - Sprint Distance
Male Age Group: 20 - 24
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Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	1	1	M2024 Liam McCormick	Vancouver, BC	1:07:36	0:10:34	0:35:24	0:19:22

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Cultus Lake Triathlon - Sprint Distance
Female Age Group: 20 - 24
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Place	Age					Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province		Time	Time	Time	Time
1	19	17	F2024 Kali Ridout	Maple Ridge, BC		2:02:36	0:19:07	1:07:43	0:30:27
2	21	15	F2024 Shannon Main-Laughlin	Chilliwack, BC		2:34:49	0:24:22	1:22:55	0:40:02

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Cultus Lake Triathlon - Sprint Distance
Male Age Group: 25 - 29
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Place	Age					Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province		Time	Time	Time	Time
1	2	4	M2529 James Fry	Coquitlam, BC		1:08:09	0:12:38	0:34:05	0:18:42
2	3	3	M2529 Andrew Wilkinson	Victoria, BC		1:12:50	0:11:08	0:39:38	0:18:06
3	8	5	M2529 Andrew Stanton	Abbotsford, BC		1:26:25	0:13:29	0:45:37	0:21:09
4	10	2	M2529 Michael Benedetto	Richmond, BC		1:30:31	0:16:52	0:43:25	0:24:55

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Female Age Group: 25 - 29
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Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	9	19	F2529 Erin Browes	Vancouver, BC	1:28:12	0:13:04	0:46:31	0:24:52
2	20	18	F2529 Kirstin Ridout	Coquitlam, BC	2:26:41	0:20:26	1:13:25	0:41:56

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Cultus Lake Triathlon - Sprint Distance

Male Age Group: 35 - 39

Place	Age					Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province		Time	Time	Time	Time
1	5	197	M3539 James Markus	Vancouver, BC		1:16:12	0:10:52	0:42:12	0:19:42
2	14	7	M3539 Tim Henry	Chilliwack, BC		1:36:16	0:14:44	0:49:40	0:26:02

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Cultus Lake Triathlon - Sprint Distance

Female Age Group: 35 - 39

Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	4	20	F3539 Nancy Austin	Vancouver, BC	1:16:02	0:10:05	0:41:31	0:21:02
2	7	26	F3539 Alexia Droz	Vancouver, BC	1:19:36	0:13:32	0:39:44	0:22:21

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Cultus Lake Triathlon - Sprint Distance
Male Age Group: 40 - 44
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Place	Age				Final	Swim	Bike	Run	
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time	
1	12	8	M4044	Stephen Roosdahl	Delta, BC	1:32:27	0:10:12	0:55:10	0:22:38

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Cultus Lake Triathlon - Sprint Distance
Male Age Group: 45 - 49
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Place	Age					Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province		Time	Time	Time	Time
1	11	9	M4549 Gary Cantwell	Richmond, BC		1:30:50	0:15:02	0:46:23	0:23:21
2	16	10	M4549 Gary Scatchard	Penticton, BC		1:38:53	0:15:36	0:47:43	0:27:50

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=====
Cultus Lake Triathlon - Sprint Distance
Female Age Group: 45 - 49
-----
```

Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	18	21	F4549 Karen Thrussell	Vancouver, BC	1:50:06	0:13:52	0:57:12	0:31:12

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Cultus Lake Triathlon - Sprint Distance
Male Age Group: 50 - 54
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Place	Age				Final	Swim	Bike	Run	
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time	
1	17	11	M5054	Don G. Kennedy	Pt. Coquitlam, BC	1:41:59	0:17:15	0:49:36	0:28:32

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Female Age Group: 50 - 54
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```

Place	Age				Final	Swim	Bike	Run
Age O'All	Bib	Group	Name	City, Province	Time	Time	Time	Time
1	15	23	F5054 Joyce Langridge	West Vacouver, BC	1:37:22		0:46:20	0:23:06

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